

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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SCHEDULE 13D*
(Rule 13d-101)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO
13d-1(a) AND AMENDMENTS THERETO FILED PURSUANT TO 13d-2(a)

MANHATTAN BRIDGE CAPITAL, INC.
(Name of Issuer)

Common Stock
(Title of Class of Securities)

562803106
(CUSIP Number)

Joshua Zamir
Capstone Equities Capital Management, LP, 14 Wall Street, Suite 5G, New York, NY 10005 Tel:(212) 661-6340

Michael Glickstein
G Asset Management, LLC, 546 Fifth Avenue, 14th Floor, New York NY 10036 Tel: (646) 840-5417

(Name, address and telephone number of person authorized to receive notices and communications)

August 30, 2011
(Date of event which requires filing of this statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), 13d-1(f) or 13d-1(g), check the following box [].

NOTE: Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7 for other parties to whom copies are to be sent.

(Continued on following pages)

(Page 1 of 23 Pages)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) Capstone Equities Capital Management, LP	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** WC	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	7	SOLE VOTING POWER 0
	8	SHARED VOTING POWER 36,348
	9	SOLE DISPOSITIVE POWER 0
	10	SHARED DISPOSITIVE POWER 36,348
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 36,348	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 1.1%	
14	TYPE OF REPORTING PERSON ** PN	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) Capstone Equities GP, LLC	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** OO	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	7	SOLE VOTING POWER 0
	8	SHARED VOTING POWER 36,348
	9	SOLE DISPOSITIVE POWER 0
	10	SHARED DISPOSITIVE POWER 36,348
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 36,348	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 1.1%	
14	TYPE OF REPORTING PERSON ** OO	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) Capstone Equities Manager, LLC	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** OO	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	7	SOLE VOTING POWER 0
	8	SHARED VOTING POWER 36,348
	9	SOLE DISPOSITIVE POWER 0
	10	SHARED DISPOSITIVE POWER 36,348
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 36,348	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 1.1%	
14	TYPE OF REPORTING PERSON ** OO	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) Joshua Zamir
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> (b) <input type="checkbox"/>
3	SEC USE ONLY
4	SOURCE OF FUNDS ** OO
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/>
6	CITIZENSHIP OR PLACE OF ORGANIZATION United States
	7 SOLE VOTING POWER 0
	8 SHARED VOTING POWER 36,348
	9 SOLE DISPOSITIVE POWER 0
	10 SHARED DISPOSITIVE POWER 36,348
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 36,348
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/>
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 1.1%
14	TYPE OF REPORTING PERSON ** IN

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) G Value Fund, LLC	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** WC	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	7	SOLE VOTING POWER 0
	8	SHARED VOTING POWER 12,533
	9	SOLE DISPOSITIVE POWER 0
	10	SHARED DISPOSITIVE POWER 12,533
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 12,533	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 0.4%	
14	TYPE OF REPORTING PERSON ** OO	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) G Real Estate Partners, LP	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** WC	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	7	SOLE VOTING POWER 0
	8	SHARED VOTING POWER 154,037
	9	SOLE DISPOSITIVE POWER 0
	10	SHARED DISPOSITIVE POWER 154,037
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 154,037	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 4.6%	
14	TYPE OF REPORTING PERSON ** PN	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) G Real Estate Partners GP, LLC	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** OO	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	Number of Shares Beneficially Owned by Each Reporting Person With	7 SOLE VOTING POWER 0
		8 SHARED VOTING POWER 154,037
		9 SOLE DISPOSITIVE POWER 0
		10 SHARED DISPOSITIVE POWER 154,037
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 154,037	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 4.6%	
14	TYPE OF REPORTING PERSON ** OO	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) G Asset Management, LLC	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> [X] (b) <input type="checkbox"/> []	
3	SEC USE ONLY	
4	SOURCE OF FUNDS ** OO	
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/> []	
6	CITIZENSHIP OR PLACE OF ORGANIZATION Delaware	
	Number of Shares Beneficially Owned by Each Reporting Person With	7 SOLE VOTING POWER 0
		8 SHARED VOTING POWER 174,490
		9 SOLE DISPOSITIVE POWER 0
		10 SHARED DISPOSITIVE POWER 174,490
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 174,490	
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/> []	
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 5.2%	
14	TYPE OF REPORTING PERSON ** OO	

** SEE INSTRUCTIONS BEFORE FILLING OUT!

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) Michael Glickstein
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP ** (a) <input checked="" type="checkbox"/> (b) <input type="checkbox"/>
3	SEC USE ONLY
4	SOURCE OF FUNDS ** OO
5	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e) <input type="checkbox"/>
6	CITIZENSHIP OR PLACE OF ORGANIZATION United States
	7 SOLE VOTING POWER 7,000
	8 SHARED VOTING POWER 174,490
	9 SOLE DISPOSITIVE POWER 7,000
	10 SHARED DISPOSITIVE POWER 174,490
11	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 181,490
12	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES ** <input type="checkbox"/>
13	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11) 5.5%
14	TYPE OF REPORTING PERSON ** IN

** SEE INSTRUCTIONS BEFORE FILLING OUT!

ITEM 1. Security and Issuer.

This statement relates to the common stock, par value \$0.001 (the "Common Stock") of Manhattan Bridge Capital, Inc. (the "Company"). The Company's principal executive offices are located at 60 Cutter Mill Road, Great Neck, New York 11021 .

ITEM 2. Identity and Background.

(a) This statement is filed by:

(i) Capstone Equities Capital Management, LP, a Delaware limited partnership ("CECM"), with respect to the shares of Common Stock directly owned by it;

(ii) Capstone Equities GP, LLC, a Delaware limited liability company ("Capstone GP"), with respect to the shares of Common Stock directly owned by CECM;

(iii) Capstone Equities Manager, LLC, a Delaware limited liability company ("Capstone Manager"), with respect to the shares of Common Stock directly owned by CECM, which serves as the investment manager to CECM; and

(iv) Joshua Zamir, with respect to the shares of Common Stock directly owned by CECM, Capstone GP and Capstone Manager, over which Mr. Zamir has investment discretion as the managing member.

(v) G Value Fund, LLC, a Delaware limited liability company ("GVF"), with respect to the shares of Common Stock directly owned by it;

(vi) G Real Estate Partners, LP, a Delaware limited partnership ("G RE Partners"), with respect to the shares of Common Stock directly owned by it;

(vii) G Real Estate Partners GP, LLC, a Delaware limited liability company ("GREGP"), with respect to the shares of Common Stock directly owned by G RE Partners;

(viii) G Asset Management, LLC, a Delaware limited liability company ("GAM"), with respect to the shares of Common Stock directly owned by GVF, G RE Partners and a certain managed account, which serves as the investment manager to GVF, G RE Partners, and a certain managed account;

(ix) Michael Glickstein, with respect to the shares of Common Stock directly owned by GVF, G RE Partners, GAM (through a certain managed account) and shares that he solely owes for his personal account over which Mr. Glickstein has investment discretion. Mr. Glickstein serves as the managing member of GREGP and GAM.

The foregoing persons are hereinafter sometimes collectively referred to as the "Reporting Persons." Any disclosures herein with respect to persons other than the Reporting Persons are made on information and belief after making inquiry to the appropriate party.

(b) The address of the principal business and principal office of CECM, Capstone GP, Capstone Manager and Mr. Zamir is 14 Wall Street, Suite 5G, New York, NY 10005.

The address of the principal business and principal office of GVF, G RE Partners, GREGP, GAM and Mr. Glickstein is 546 Fifth Avenue, 14th Floor, New York NY 10036.

(c) The principal business of CECM is serving as a private investment limited liability company. The principal business of Capstone GP is serving as a general partner to CECM. The principal business of Capstone Manager is that of an investment manager engaging in the purchase and sale of securities on behalf of CECM. Mr. Zamir serves as the Managing Member of Capstone GP and Capstone Manager.

The principal business of GVF is serving as a private investment limited liability company. The principal business of G RE Partners is serving as a private investment limited partnership. The principal business of GREGP is serving as a general partner to G RE Partners. The principal business of GAM is that of an investment manager engaging in the purchase and sale of securities on behalf of GVF, G RE Partners, and a certain managed account. Mr. Glickstein serves as the managing member of GREGP (the General Partner of G RE Partners) and GAM. GAM is the managing member of GVF.

(d) None of the Reporting Persons has, during the last five years, been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors).

(e) None of the Reporting Persons has, during the last five years, been a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and, as a result of such proceeding, was, or is subject to, a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, Federal or State securities laws or finding any violation with respect to such laws.

ITEM 3. Source and Amount of Funds and Other Consideration.

The net investment cost (including commissions, if any) of the shares of Common Stock directly owned by CECM, GVF and G RE Partners, a certain managed account and shares held personally by Mr. Glickstein, is approximately \$297,170.73. Mr. Zamir does not directly own any shares of Common Stock.

ITEM 4. Purpose of the Transaction.

The Reporting Persons may from time to time engage in discussions with management, members of the Company's board of directors, other stockholders of the Company and other relevant parties concerning the business, operations, board composition, management, strategy, financing and future plans of the Company. The Reporting Persons may make suggestions regarding the business, operations, management, strategy, financing and future plans of the Company. The Reporting Persons may purchase additional shares of Common Stock, sell some or all of their shares of Common Stock, or engage in hedging or similar transactions with respect to the shares of Common Stock.

ITEM 5. Interest in Securities of the Issuer.

A. Capstone Equities Capital Management, LP

(a) Aggregate number of shares beneficially owned: 36,348

Percentage: 1.1% The percentages used herein and in the rest of Item 5 are calculated based upon the 3,324,459 shares of Common Stock issued and outstanding as of August 10, 2011 as reflected in the Company's Form 10-Q filed on August 10, 2011.

- (b) 1. Sole power to vote or direct vote: -0-
2. Shared power to vote or direct vote: 36,348
3. Sole power to dispose or direct the disposition: -0-
4. Shared power to dispose or direct the disposition: 36,348

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions by CECM in the Common Stock within the last sixty days, which were all in the open market, are set forth in Schedule A and are incorporated by reference.

(d) Capstone GP, the General Partner of CECM, has the power to direct the affairs of CECM, including decisions respecting the receipt of dividends from, and the disposition of the proceeds from the sale of, the shares of Common Stock. Mr. Zamir is the Managing Member of Capstone GP and in that capacity directs its operations.

(e) Not applicable.

B. Capstone Equities GP, LLC

(a) Aggregate number of shares beneficially owned: 36,348

Percentage: 1.1%

- (b) 1. Sole power to vote or direct vote: -0-
2. Shared power to vote or direct vote: 36,348
3. Sole power to dispose or direct the disposition: -0-
4. Shared power to dispose or direct the disposition: 36,348

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of CECM which were all in the open market, are set forth in Schedule A, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

C. Capstone Equities Manager, LLC

(a) Aggregate number of shares beneficially owned: 36,348
Percentage: 1.1%

- (b) 1. Sole power to vote or direct vote: -0-
2. Shared power to vote or direct vote: 36,348
3. Sole power to dispose or direct the disposition: -0-
4. Shared power to dispose or direct the disposition: 36,348

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of CECM, which were all in the open market, are set forth in Schedule A, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

D. Joshua Zamir

(a) Aggregate number of shares beneficially owned: 36,348
Percentage: 1.1%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 36,348
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 36,348

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of CECM, which were all in the open market, are set forth in Schedule A, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

E. G Value Fund, LLC

(a) Aggregate number of shares beneficially owned: 12,533
Percentage: 0.4%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 12,533
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 12,533

(c) G Value Fund, LLC has not purchased any Common Stock within the last sixty days.

(d) Not applicable.

(e) Not applicable.

F. G Real Estate Partners, LP

(a) Aggregate number of shares beneficially owned: 154,037
Percentage: 4.6%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 154,037
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 154,037
-

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of G Real Estate Partners, LP, which were all in the open market, are set forth in Schedule B, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

G. G Real Estate Partners GP, LLC

(a) Aggregate number of shares beneficially owned: 154,037
Percentage: 4.6%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 154,037
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 154,037

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of G Real Estate Partners, LP, which G Real Estate Partners GP, LLC is the general partner of, were all in the open market and is set forth in Schedule B, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

H. G Asset Management, LLC

(a) Aggregate number of shares beneficially owned: 174,490
Percentage: 5.2%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 174,490
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 174,490

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of G Asset Management, LLC, which were all in the open market, are set forth in Schedule C, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

I. Michael Glickstein

(a) Aggregate number of shares beneficially owned: 181,490
Percentage: 5.5%

- (b) 1. Sole power to vote or direct vote: 7,000
2. Shared power to vote or direct vote: 174,490
3. Sole power to dispose or direct the disposition: 7,000
4. Shared power to dispose or direct the disposition: 174,490

(c) Mr. Glickstein for his own account, did not purchase any Common Stock within the last sixty days.

(d) Not applicable.

(e) Not applicable.

J. Total Group (entities controlled by Mr. Zamir and Mr. Glickstein) Ownership

(a) Aggregate number of shares beneficially owned: 217,838
Percentage: 6.6%

- (b) 1. Sole power to vote or direct vote: 0
2. Shared power to vote or direct vote: 217,838
3. Sole power to dispose or direct the disposition: 0
4. Shared power to dispose or direct the disposition: 217,838

(c) The trading dates, number of shares of Common Stock purchased or sold and the price per share for all transactions in the Common Stock within the last sixty days on behalf of the Reporting Persons, which were all in the open market, are set forth in Schedules A, B, and C, and are incorporated by reference.

(d) Not applicable.

(e) Not applicable.

ITEM 6. Contract, Arrangement, Understandings or Relationship with Respect to Securities of the Company.

The Reporting Persons have entered into a Joint Filing Agreement, dated as of September 8, 2011, a copy of which is attached hereto as Exhibit 99.1.

ITEM 7. Material to be Filed as Exhibits.

Exhibit	Description
99.1	Joint Filing Agreement, dated as of September 8, 2011, by and among Capstone Equities Capital Management, LP, Capstone Equities GP, LLC, Capstone Equities Manager, LLC, Joshua Zamir, G Value Fund, LLC, G Real Estate Partners, LP, G Real Estate Partners GP, LLC, G Asset Management, LLC, and Michael Glickstein.
99.2	Letter to Board of Directors of Manhattan Bridge Capital, Inc. by Capstone Equities Capital Management, LP and G Asset Management, LLC dated September 8, 2011.

SIGNATURES

After reasonable inquiry and to the best of our knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete and correct.

DATED: September 8, 2011

/s/ Joshua Zamir

Joshua Zamir, individually, and as Managing Member of Capstone Equities Manager, LLC, and as Managing Member of Capstone Equities GP, LLC, for itself and as General Partner of Capstone Equities Capital Management, LP

/s/ Michael Glickstein

Michael Glickstein, individually, and as Managing Member of G Real Estate Partners GP, LLC for itself and as the General Partner of G Real Estate Partners, LP, and as Managing Member of G Asset Management, LLC

Schedule A

CAPSTONE EQUITIES CAPITAL MANAGEMENT, LP

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
9/8/2011	1,150	\$1.20
9/7/2011	12,360	\$1.16
9/6/2011	2,739	\$1.15
9/2/2011	5,999	\$1.10
9/1/2011	8,100	\$1.11
8/30/2011	6,000	\$1.09
9/8/2011	1,150	\$1.20
9/7/2011	12,360	\$1.16
9/6/2011	2,739	\$1.15
9/2/2011	5,999	\$1.10
9/1/2011	8,100	\$1.11
8/30/2011	6,000	\$1.09

Schedule B

G REAL ESTATE PARTNERS, LP

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
6/30/11	100	\$1.52
6/30/11	96	\$1.52
6/30/11	500	\$1.52
6/30/11	350	\$1.52
6/30/11	104	\$1.52
6/30/11	46	\$1.55
6/30/11	4	\$1.56
6/30/11	646	\$1.55
6/30/11	350	\$1.54
6/30/11	150	\$1.55
6/30/11	304	\$1.55
6/30/11	146	\$1.54
6/30/11	50	\$1.52
6/30/11	154	\$1.54
6/30/11	200	\$1.54
6/30/11	400	\$1.59
6/30/11	50	\$1.58
6/30/11	50	\$1.58
6/30/11	800	\$1.59
6/30/11	100	\$1.59
6/30/11	100	\$1.59
6/30/11	66	\$1.58
7/5/11	100	\$1.58
7/5/11	114	\$1.58
7/5/11	180	\$1.59
7/5/11	20	\$1.58
7/5/11	420	\$1.60
7/5/11	100	\$1.59
7/5/11	500	\$1.60
7/5/11	187	\$1.60

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
7/5/11	100	\$1.60
7/5/11	100	\$1.60
7/5/11	113	\$1.60
7/5/11	87	\$1.60
7/13/11	13	\$1.59
7/13/11	87	\$1.59
7/13/11	300	\$1.59
7/13/11	13	\$1.60
7/13/11	300	\$1.60
7/13/11	100	\$1.60
7/13/11	100	\$1.60
7/13/11	280	\$1.60
7/13/11	107	\$1.60
7/13/11	113	\$1.59
7/13/11	300	\$1.59
7/13/11	22	\$1.59
7/13/11	151	\$1.59
7/13/11	1,000	\$1.59
7/13/11	114	\$1.59
7/15/11	386	\$1.59
7/15/11	7	\$1.59
7/15/11	400	\$1.61
7/15/11	93	\$1.61
7/15/11	1,000	\$1.61
7/15/11	1,000	\$1.61
7/15/11	114	\$1.61
7/22/11	393	\$1.55
7/22/11	107	\$1.56
8/1/11	386	\$1.61
8/1/11	107	\$1.61
8/1/11	506	\$1.62
8/1/11	100	\$1.61
8/1/11	100	\$1.59
8/1/11	187	\$1.61
8/1/11	243	\$1.61
8/1/11	757	\$1.61
8/1/11	43	\$1.61
8/1/11	228	\$1.61

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
8/1/11	272	\$1.61
8/1/11	71	\$1.61
8/1/11	1,507	\$1.32
8/1/11	293	\$1.62
8/1/11	1,200	\$1.32
8/1/11	100	\$1.32
8/1/11	1,972	\$1.33
8/1/11	799	\$1.32
8/1/11	129	\$1.32
8/1/11	2,600	\$1.33
8/1/11	400	\$1.33
8/1/11	1,399	\$1.33
8/1/11	27	\$1.35
8/1/11	1,463	\$1.35
8/1/11	1	\$1.33
8/1/11	110	\$1.35
8/1/11	900	\$1.35
8/1/11	100	\$1.34
8/1/11	2,000	\$1.33
8/5/11	100	\$1.20
8/5/11	200	\$1.19
8/5/11	200	\$1.20
8/5/11	99	\$1.20
8/5/11	2,000	\$1.21
8/10/11	500	\$1.05
8/10/11	400	\$1.06
8/10/11	100	\$1.05
8/10/11	600	\$1.06
8/10/11	999	\$1.06
8/10/11	1,400	\$1.05
8/10/11	1	\$1.05
8/10/11	999	\$1.06
8/10/11	2,001	\$1.05
8/10/11	3,000	\$1.04
8/10/11	3,000	\$1.04
8/25/11	200	\$1.01
8/25/11	800	\$1.00
8/25/11	500	\$1.01

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
8/30/11	1,000	\$1.05
8/30/11	1,000	\$1.05
8/30/11	2,500	\$1.05
8/30/11	1,000	\$1.05
8/30/11	100	\$1.06
8/30/11	300	\$1.05
9/2/11	1,200	\$1.11
9/2/11	3,000	\$1.14
9/2/11	100	\$1.14
9/2/11	100	\$1.16
9/2/11	1,000	\$1.15
9/2/11	300	\$1.15
9/2/11	300	\$1.15
9/6/11	999	\$1.20
9/6/11	40	\$1.20
9/6/11	961	\$1.19
9/6/11	100	\$1.20
9/6/11	2,000	\$1.21
9/6/11	1,000	\$1.20
9/6/11	900	\$1.21

Schedule C

G ASSET MANAGEMENT, LLC

Date of Transaction	Number of Shares Purchased/(Sold)	Price Per Share (including commissions, if any)
7/6/11	100	\$1.70
7/6/11	19	\$1.35
7/6/11	736	\$1.70
7/6/11	244	\$1.70
7/6/11	1,901	\$1.34

EXHIBIT 99.1

JOINT FILING AGREEMENT

PURSUANT TO RULE 13d-1(k)

The undersigned acknowledge and agree that the foregoing statement on Schedule 13D is filed on behalf of each of the undersigned and that all subsequent amendments to this statement on Schedule 13D may be filed on behalf of each of the undersigned without the necessity of filing additional joint filing agreements. The undersigned acknowledge that each shall be responsible for the timely filing of such amendments, and for the completeness and accuracy of the information concerning him or it contained herein and therein, but shall not be responsible for the completeness and accuracy of the information concerning the others, except to the extent that he or it knows or has reason to believe that such information is inaccurate.

Dated: September 8, 2011

/s/ Joshua Zamir

Joshua Zamir, individually, and as Managing Member of Capstone Equities Manager, LLC, and as Managing Member of Capstone Equities GP, LLC, for itself and as General Partner of Capstone Equities Capital Management, LP

/s/ Michael Glickstein

Michael Glickstein, individually, and as Managing Member of G Real Estate Partners GP, LLC for itself and as the General Partner of G Real Estate Partners, LP, and as Managing Member of G Asset Management, LLC



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September 8, 2011

Members of the Compensation Committee c/o
Manhattan Bridge Capital
60 Cutter Mill Rd., Suite 205
Great Neck, New York 11021

Dear Compensation Committee Members:

Capstone Equities Capital Management LLC (“Capstone”) and G Asset Management, LLC (including their affiliates) are currently shareholders of your common stock. We are writing for two purposes:

- 1) To highlight our grave concerns about the current Manhattan Bridge Capital “MBC” executive compensation proposal and its destruction of value to minority shareholders.
- 2) To offer constructive options for increasing shareholder capital and improving corporate governance that we believe will help unlock the substantial value in the enterprise.

By way of background, Capstone is a New York-based owner and operator of real estate properties with a portfolio that exceeds 2.5 million square feet of office, apartment and loan assets largely in New York City. Most relevant to MBC’s business are two loan acquisitions, one backed by a NYC office property and one backed by a NYC apartment property that were recently purchased by Capstone. Another one of our investments, “30 Flatbush Avenue,” is in the heart of Downtown Brooklyn where many of your loans are located.

G Asset Management is a value-oriented investment firm. The firm specializes in value-oriented public securities and special situation investing. The firm’s affiliate manages a real estate fund, which includes investments in both public and private real estate related opportunities.

We identified MBC as an opportunity, given its deep discount to book value, its participation in a business (short-term commercial lending) with solid risk-adjusted returns and a CEO whom viewed as a strong lender who had “skin in the game.” Further, while there are certain improvements that we deem necessary, our due diligence using publicly available information on ACRIS has demonstrated that many of the loans made by MBC were wisely made at appropriate leverage levels. The attached chart marked Exhibit A illustrates initial loan to value rates of origination and the eventual sales price of the subject property. Out of the 64 loans sampled, 38 have been paid off. Only one of those loans appears to be on an asset that was transferred at a price beneath the loan amount. Out of the 24 outstanding, only 5 were outstanding for longer than one year.

Exhibit A

Loan Status	# of Loans	Avg LTV at Repayment	Avg Term
Paid off	40	47.3%	9 Months
Outstanding	24	N/A	10 Months
Total	64	47.3%	9.5 Months

Source: ACRIS, Capstone Equities and G Asset Management.

Fiduciary Duties of Care and Loyalty

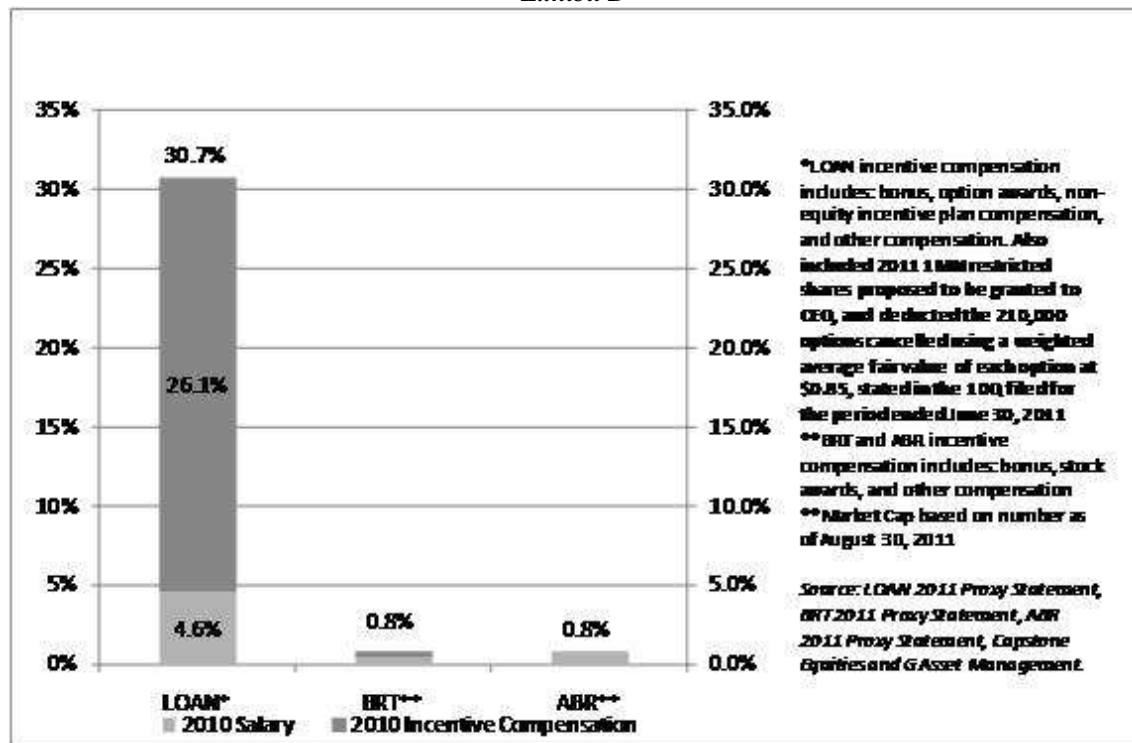
As I am sure the Compensation Committee and Board are fully aware, you each have a direct fiduciary duty of care and loyalty to the minority shareholders. This means that each member of the Committee has a responsibility to perform his/her duties with the diligence of a reasonable person in similar circumstances, as well as a fiduciary duty to act in good faith and on an informed basis in the best interests of all the corporation's shareholders.

The Board's recent recommendation to grant 1,000,000 restricted shares to the CEO Mr. Ran and to increase the number of shares of Common Stock reserved for issuance of options, based on the recommendation of the Compensation Committee, raises, at the very least, serious questions as to whether the members of the Committee and the Board are fulfilling their obligations under their duty of care and loyalty. The proposed grant would be a substantial increase in non-performance-based compensation, and given the current share price and the resulting substantial transfer of balance sheet wealth to management, is unwarranted and unacceptable. Even more inappropriate is the dilution of minority shareholders, while the company is trading at less than half of liquidation value.

We have no problem with rewarding Mr. Ran with appropriate incentives that align his interests with minority shareholders, but not those that destroy minority shareholder value and, most importantly, are not based on any performance criteria.

After discussions with various compensation professionals, we confirmed that a typical option package for a CEO would give him or her the opportunity to earn equity in the range of 3% to 5% of total common equity shares outstanding. The attached Exhibit B compares MBC's option package as a percentage of market cap to bridge lender peers. The 2009 company plan reasonably issued an incentive package at 6% of equity outstanding to MBC management. A year later the plan was amended to make available for issuance in excess of 10% of the equity outstanding. *A new package of restricted stock equal to nearly 30% of MBC's current book value is clearly not in line with the market. We hereby propose that an independent compensation company be engaged and that compensation be tied into shareholder value creation in which minority shareholders would participate.*

Exhibit B



The Board states in the Proxy Statement that a key reason for the proposed package is to keep the CEO's interests aligned with shareholders. *We believe that a 50% stake in the company is sufficient alignment.*

The proposal itself is inconsistent with the mandate of the Compensation Committee. As set forth in the Proxy Statement, the Committee is charged with: " *Reviewing the performance of our executive officers and awarding incentive compensation and adjusting compensation arrangements as appropriate based on performance* ." The proposed grant is not tied to performance and therefore is at odds with the Committee mandate and inconsistent with the fulfillment of its responsibilities. (Even the Committee acknowledges that the grant is not tied to performance: " *There are no specific financial or operational benchmarks or achievements associated with the vesting of the Restricted Shares and, therefore, the Restricted Shares may not qualify as 'performance based' compensation.*")

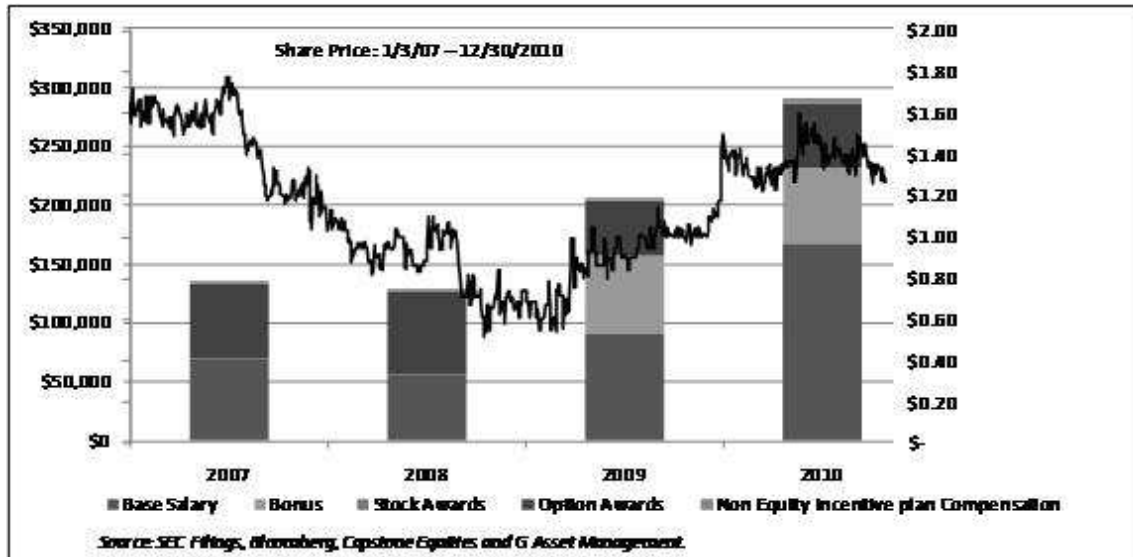
In the company's 2010 10-K "Risks Related to Our Common Stock" section it is stated that:

"Our management and other affiliates have significant control of our common stock and could significantly influence our actions in a manner that conflicts with our interests and the interests of other shareholders."

The above statement, in our opinion on its face, seems to be a forewarning of the breach of the duty of loyalty. The compensation proposal represents a clear misalignment between managers and shareholders and, in our opinion, if adopted, would be a breach of the duty of loyalty by the Board.

It is expected that the SEC will soon be mandating pay-for-performance disclosure, specifically the relationship between compensation actually "paid" to executives and company stock performance. The Board's compensation proposal exemplifies the need for such disclosures. As illustrated in the attached Exhibit C, the share price has gone from \$1.65 in January 3, 2007 to \$1.27 by December 30, 2010, a reduction of nearly 30%, and at the same time, Mr. Ran's total compensation package went from approximately \$135,000 in 2007 to \$291,000 in 2010.

Exhibit C



Accordingly, for the reasons stated above, we demand that the Committee and the Board reconsider this proposal.

In addition, the adoption of this proposal may make it even more difficult for the company to gain access to already limited debt financing from institutional lenders at attractive terms, further discouraging the company's growth strategy. The company should, and we believe does, realize that capital markets discount for closely controlled enterprises and the company's currently depressed stock price is partly a reflection of this. The adoption of the proposal and the issuance of the Restricted Shares to Mr. Ran will likely make this situation worse.

There is extensive academic research showing the correlation between weak shareholder controls, excessive executive compensation and weak shareholder returns.

We would also like to comment on some of the other reasons stated in the Proxy Statement for the Board's recommendation:

Excerpts from Proxy Statement

The Board further believes that replacing Mr. Ran's options with the Restricted Shares will more closely align Mr. Ran's interest with those of the Company and its shareholders for the following reasons:

The shares of Common Stock underlying the options are not subject to any restrictions. Mr. Ran could exercise the options and immediately sell those shares. The Restricted Shares cannot be sold, transferred, pledged, liened or disposed of in any way until they vest, which may not be for 15 years with respect to 1/3 of the shares, 16 years for an additional 1/3 of the shares and 17 years for the final 1/3 of the shares.

The Board has been advised that the value of the Restricted Shares is approximately equal to the value of the options that are being cancelled and those which he has agreed that he will not exercise.

Response: The Committee is proposing to cancel the options that were just issued on March 16, 2011 and authorize the Board to reserve further options for future issuance. On March 15, 2011, 140,000 options had already expired (worthless because of the lagging stock price). The fact that 140,000 of the proposed cancelled options, were just granted or “awarded” to Mr. Ran March 16, 2011 is not stated in the Proxy Statement and further demonstrates a clear lack of equivalence between the new proposed restricted shares to be issued and the cancelled options.

We believe a truly independent valuation expert would disagree. The analysis in Exhibit D, guided by discussions with an executive compensation expert, highlights the material difference in values.

Exhibit D

Grant Date	Expiration Date	Remaining Term (Years)	Number of Options/ Shares	Exercise Price	At Stock Price of \$1.20		At Stock Price of \$1.05		At Stock Price of \$1.40		At Stock Price of \$1.50	
					Current Price	Current Value*	Current Price	Current Value*	Current Price	Current Value*	Current Price	Current Value*
Outstanding Stock Options												
3/22/2007	3/22/2012	0.5	70,000	\$1.69	\$1.20	\$1,336	\$1.05	\$406	\$1.40	\$4,220	\$1.50	\$6,867
3/13/2008	3/13/2013	1.5	70,000	\$1.01	\$1.20	\$21,796	\$1.05	\$14,630	\$1.40	\$32,787	\$1.50	\$38,732
3/18/2009	3/18/2014	2.5	140,000	\$0.74	\$1.20	\$74,478	\$1.05	\$56,645	\$1.40	\$99,654	\$1.50	\$112,657
3/16/2010	3/16/2015	3.5	70,000	\$1.43	\$1.20	\$18,808	\$1.05	\$13,320	\$1.40	\$27,267	\$1.50	\$31,913
3/16/2011	3/16/2016	4.5	140,000	\$1.46	\$1.20	\$44,249	\$1.05	\$32,501	\$1.40	\$61,894	\$1.50	\$71,437
Total Outstanding Stock Options			490,000			\$160,668		\$117,502		\$225,922		\$261,306
New Restricted Stock												
9/9/2011	n/a	n/a	1,000,000	n/a	\$1.20	\$1,200,000	\$1.05	\$1,050,000	\$1.40	\$1,400,000	\$1.50	\$1,500,000
New Restricted Stock Value in Excess of Current Black-Scholes Option Value						\$1,039,332		\$932,496		\$1,174,178		\$1,238,694
Restricted Stock Value / Current Stock Option Value:						7.5		8.9		6.2		5.7
* Stock Options: Based on current Black-Scholes valuation; Restricted Stock: Based on current stock price (as indicated)												
source: SEC filings; Capstone Equities and G Asset Management												

Bottom Line: There is no justification for the current incentive compensation proposal, which is markedly in excess of industry standards, and that works to the substantial detriment of minority shareholders. It is essential that the Compensation Committee and the Board withdraw or defer action on this proposal (we would hope with the support of Mr. Ran) and, at a minimum, immediately retain an independent compensation firm to evaluate this proposal and alternative proposals for achieving company objectives in ways that align management and shareholder interests.

Value enhancement opportunities

On July 12, 2010, in light of the large discount at which the company traded, MBC engaged an investment bank to explore strategic initiatives, including capital formation, business development and growth aimed at enhancing shareholder value. Yet over a year later, with no shareholder friendly developments announced, the Committee and the Board are recommending a transaction that will destroy shareholder value (the market reaction reflects this), while the company still trades at a large discount.

The company’s June 30th, 2011 10Q indicates that MBC has extended \$4,420,000 of its loans (although less than a third of these have been fully or partially paid back). We cannot see a better return on capital than a share buyback when shares are trading at approximately 40% of net current asset value.

The company is generating returns in the 12% to 16% range on its loans, but ROE for the company has not been above mid-single digits since the bridge lending business began. The company needs additional capital and would generate strong operating leverage if it was able to achieve capital through either a line of credit or rights offering. Growth is necessary so the company’s shares can feature greater liquidity to open up the opportunity to institutional investors. We are open to making capital introductions if governance and minority shareholder protections have been addressed.

Another alternative is a conversion to a REIT. The tax savings would be material. In addition, the REIT requirements would address the control issue, which would be well received by the market. Also, the consistency of earnings being paid out as dividends would also be attractive to investors.

Governance Improvements / Board of Directors

The majority of the board members have been in place for over 10 years. Excluding Mr. Rand, Capstone and G Asset Management and their affiliates own more shares than the entire board combined.

MBC's business transformation moving from the publishing and media business to its current form as a bridge lender should require different skill sets not necessarily present with the current board. The company's bylaws permit up to nine directors.

We believe adding directors with relevant experience in real estate and lending as well as someone in the institutional investment community with access to the capital markets would be beneficial. We are happy to make recommendations in accordance with the procedures for board appointment outlined in the company's bylaws.

Such additions to the board would also likely provide further independence and better governance, two critical components of a corporation with growth aspirations in the capital markets.

Further, as we gain comfort in the Board's commitment to minority shareholders and learn more about the company, management and future business prospects, along with achieving board representation, we might consider a structured investment that could provide capital to the company, which we believe would accelerate growth.

Capstone and G Asset Management hope to be long-term shareholders of Manhattan Bridge Capital and expect that the Compensation Committee and the Board will seriously consider our concerns. However, we must also state that with respect to the incentive compensation proposal, we will consider taking further action to express our concern with the proposal should the Board and the company move forward with its adoption.

Sincerely,

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